



WHOLE SCHOOL POLICY FOR

Physical Education and School Sport including PE Premium

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APPROVAL & ADOPTION

This policy was formally agreed and adopted at a Full Governing Body Meeting held on:

20th March 2018

UPDATE SCHEDULE

Version	Date	Reason for Update
1.00	01/09/16	First Version
2.00	01/02/18	Review and Revision

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Introduction

From September 2014, a new National Curriculum will be in place. Aylesham Primary School has reviewed and adapted the PE curriculum in light of these changes.

The main changes to PE include:

- Children should be able to engage in competitive (both against self and others) and co-operative physical activities, in a range of increasingly challenging situations.
- Children should develop an understanding of how to succeed in different activities and sports and learn how to evaluate and recognize their own success.
- More emphasis is now being placed on swimming.
- Strands covered - balance, performance, catching and throwing, running, agility, co-ordination, team games, jumping, attacking and defending.

Through delivery of the PE curriculum, we will ensure that we: eliminate discrimination, advance equality of opportunity and foster good relations.

In order to raise the profile of both physical education and sport at Aylesham Primary School, this policy has been reviewed and updated in the Summer Term 2014.

Rationale

Through Physical Education we endeavour for the children to achieve:

- Co-operation and team work
- Realistic and positive self-image
- Practical knowledge about exercise
- Satisfaction and enjoyment
- Healthy exercise
- Range of transferable skills
- Effective body management
- Confidence
- Values

CORE VALUES

The following skills are promoted through our curriculum and embedded in PE:

Team work: listening; questioning; persuading; respecting; helping; sharing; participating

Creativity: imagination; invention; problem solving

Resilience: overcoming difficulties; recover; seek assistance; identifying strengths and weaknesses.

Flying High: ambition; confidence; improvement; persistence

SPORTS PREMIUM AT AYLESHAM PRIMARY SCHOOL

How to use the PE and sport premium

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport you offer.

This means that you should use the premium to:

- develop or add to the PE and sport activities that your school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

There are 5 key indicators that schools should expect to see improvement across:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

For example, you can use your funding to:

- provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively
- hire qualified sports coaches to work with teachers to enhance or extend current opportunities
- introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities
- support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs
- enter or run more sport competitions
- partner with other schools to run sports activities and clubs
- increase pupils' participation in the School Games
- encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school
- provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum
- embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching

Source: GOV.UK

How is Aylesham Primary School using the Sports Premium?

Aylesham Primary prior to the 2017 academic year was allocated £800 and a further £5 per pupil. The funding for 2017-18 has been extended to £16000 and a further £10 per pupil. After careful consideration it was decided that the funds should be spent in the following areas:

- To improve the provision of PE and school sport ensuring opportunities are given to all.
- Take part in competitive school sport in all year groups – intra and inter-school competitions
- To work in partnership with the Samphire Learning Hub to improve opportunities for all of the Hub schools – maximising the potential of the funding
- To make the very best use of the facilities within the school grounds and in the local area.
- To identify, engage and enthuse with children and promote healthy choices through a wide variety of FREE after-school sports clubs
- To maintain the Bronze Kite Award and work towards the Silver Kite Award
- To upskill our teaching staff
- To provide our Early Years pupils with additional high quality physical development sessions twice per week.

At Aylesham Primary School we currently allocate funding in the following ways:

- To employ a specialist and qualified coach to work alongside teachers in lessons to increase their subject knowledge and confidence in PE.
- Provide cover staff to release teachers for professional development in PE and sport.
- To introduce new initiatives such as the development of Sport Captains and play leaders in Key Stage 2 – leading to setting up a Sports Council.
- To ensure there is a wide range of after school sports provision on offer to all members of the school.
- To provide places for pupils in a variety of extra-curricular sports clubs made available to the whole school. These will include, Ballet, Tap and Jazz; Football; Multi-skills; Netball; Cricket; Cross Country; Street Dance; Handball; Hockey; Ultimate Frisbee; Tchoukball; Dodge Ball; Archery; Boot Camp; Martial Arts; Badminton.
- To focus on early intervention in promoting balance and co-ordination through use of interventions such as Fizzy and Clever Hands and the use of outdoor gym equipment – leading to potential improved motor skill development.
- To ensure planned opportunities within PE, physical activity and school sport that enhances pupils' social and moral development through our Core Values.
- Work in partnership with Hub schools, Dover Soccer Association, Dover School Games, to ensure the opportunities for all and continue to meet the required standards for the Bronze Kite award.

THE CHILD AND THE LEARNING PROCESS

Aims and purposes

PE offers opportunities for children to:

- Become skilled and intelligent performers.
- Acquire and develop skills, performing with increasing physical competence and confidence, in a range of physical activities and contexts.
- Learn how to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking.
- Develop their ideas in a creative way.
- Set targets for themselves and compete against others, individually and as team members.
- Understand what it takes to persevere, succeed and acknowledge other's success.
- Respond to a variety of challenges in a range of physical contexts and environments.
- Take the initiative, lead activities and focus on improving aspects of their own performances.
- Discover their own aptitudes and preferences for different activities.
- Make informed decisions about the importance of exercise in their lives.
- Develop positive attitudes to participation in physical activity.

Curriculum

The PE curriculum is mapped out for every class and is wide-ranging and builds upon previous learning from year to year. It is accessible to, and aims to meet the needs and interests of all pupils. Children enjoy lessons in gymnastics, dance, competitive games (sport specific), skills of throwing catching jumping and running, athletics, OAA, swimming and alternative sports such as Ultimate Frisbee and Tchoukball.

Links within other areas of the Curriculum

The school's scheme of work should contribute to the development of literacy, numeracy, ICT, DT, Music, key skills, personal, social, PSHE and citizenship and thinking skills.

Teachers are encouraged to find ways to link PE in creative cross curricular ways with the rest of the learning areas.

Learning and Communication

Children have the opportunity to develop their language skills through working with others to plan and evaluate work, use correct terminology to pass information on to others, read diagrams, maps and instructions, and extract information about techniques and skills that they can use. Children can extract information from the internet about where they can get involved in physical activities and sport.

PSHE and Citizenship

Children have the opportunities to work closely with others, cooperate and collaborate with others, develop an understanding of fair play and fairness through knowing and applying rules and conventions, develop a positive attitude towards the environments and their own health, learn to recognize and value physical differences.

Core Values

The following Values are promoted throughout our curriculum and all learning experiences: Teamwork; Resilience; Creativity and flying High.

Equal Opportunities and Race Relations

Aylesham Primary School adopts an equal opportunities policy. Our aim is to ensure that all our pupils participate in PE lessons and extra-curricular activities regardless of race, gender, class and ability.

Special Needs

Special needs may be a result of:

- Sensory difficulty
- Physical difficulty
- Cognitive Limitations
- Emotional Disorders
- Behavioral Disorders

Aylesham Primary School believes that all children should be included and given the opportunity to participate. It is important to focus on the pupil's abilities and needs. This emphasis aims to improve their movement skills and helps to change feelings of disaffection, under achievement and low self-esteem. Lessons are planned to include all pupils on a sound knowledge of their abilities. This involves breaking down an activity into a series of small achievable steps. The pupil should make gradual progress at each stage to overall success as the whole skill is learned.

THE CHILD AND SUPPORT WITHIN AND OUTSIDE THE SCHOOL

Assessment

We assess our pupils' development through paired evaluation and we offer positive feedback from teacher, partner and whole class.

- Watching children work, talking to them about what they are doing and listening to them describe their work generates useful assessment information.
- The approaches to teaching PE lessons should help teachers acquire knowledge of their children's needs, their rate of progression and standard of attainment.
- Learning outcomes indicate what the children have learnt and feedback during lessons will help teachers set appropriate targets for individuals.
- Significant achievements or weakness may be noted to serve as a basis for planning appropriate challenges or to form part of the annual report on progress.
- Staff use these key phrases:
"By the end of this lesson, I would like to see you do....."
"You will be successful at the end of this lesson if you can choose, see the difference and be as efficient as possible"
- Pupil's progression in PE is monitored and levelled through Classroom Monitor.

Levels of learning in PE

Step one: Observe, Copy, Vocab, Name Actions

Step two: Observe, Copy, Remember, Describe

Step three: Pathways, Explore and control, Choice (clear options available), see differences

Step four: Link actions, choose criteria: speed, direction, shape or degree of difficulty, Answer task

Competitions

Throughout the year pupils take part in competitive sport within school and outside of school. Examples are:

- Each year group has teams selected to participate in the Samphire Learning Hub competitions.
- We have a school football team who take part in league and cup matches throughout the year for Dover Deal and Sandwich.
- On sports day inter house teams compete against each other throughout all year groups.
- In July we take 4 hockey teams from KS2 to Polo Farm to represent the school in a intra-school Hockey tournament.

P.E. Technician

Since April 2014 our PE Technician has been used throughout the school in order to develop the teachers' knowledge and ability to lead a high quality PE lesson.

He delivers high quality PE lessons throughout the school and leads lunch and afterschool clubs. Every morning he leads interventions and works in classes to promote physical literacy through fizzy, clever hands and other interventions.

We offer frequent sports events and our PE technician helps to lead PE throughout the school ensuring we attend inter-school tournaments for every year group.

He has worked hard on ensuring we are meeting the requirements of the School Games and in the academic year 2016/17 we achieved the Bronze Kite Award.

Play Pals

We have an embedded programme of Play Leaders who actively support break and lunch times with games activities and setting up equipment. These children are from year 5 and work in pairs in various locations on a daily rota ensuring that the equipment is varied and exciting to promote physical activities at all times. We have recently employed a part time Active Lunch Time leader to provide purposeful activities and to train the Play Pals effectively.

School Competitions

A number of inter and intra school competitions / leagues are offered to all our pupils. Our school is part of the Samphire Learning Hub and we have regular competitions between the 7 schools for all year groups. Throughout the year pupils take part in competitive sport within school and outside of school. Examples are:

- Each year group has teams selected to participate in the Samphire Learning Hub competitions.
- We have a school football team who take part in league and cup matches throughout the year for Dover Deal and Sandwich.
- On sports day inter house teams compete against each other throughout all year groups.
- Dover School Games is a commitment that we are passionate about. In 2016 we achieved out Bronze Kite Award and we are striving for Silver in the future.

Planning

Aylesham Primary School offers a varied Physical Education and School Sport programme for every child. Incorporated within our PE curriculum are chances for pupils to develop creativity, flexibility, strength, balance, control, competitiveness and co-operation skills through challenges in teams and as individuals.

The PE curriculum is mapped out for every class and is wide-ranging and builds upon previous learning from year to year. It is accessible to, and aims to meet the needs and interests of all pupils. Children have enjoy lessons in gymnastics, dance, competitive games (sport specific), skills of throwing caching jumping and running, athletics, OAA, swimming and alternative sports such as Ultimate Frisbee.

We have external providers that come in to deliver high quality focused and skilled lessons in Hockey, Squash, Badminton, Yoga, Fencing, Ballroom Dance, Mindfulness, ensuring that our pupils are provided with a broad, balanced and rich PE curriculum.

We cater for a range of abilities and offer breadth, balance and progression in the PE programme. Lessons include the following structure: Preparation in the classroom, organization in the working space, warm up, acquiring and developing skills, selecting and applying skills, tactics and compositional ideas, knowledge and understanding of fitness and health as well as evaluating and improving performance.

The Community

The expertise of some parents and members of the community at our clubs and PE lessons are a valuable resource. We have excellent links with local sports clubs who lead coaching sessions at various points throughout the year.

Accompanying pupils to events, football matches and offering to coach various clubs and assist during PE lessons are a few of the ways these adults provide invaluable support to our school.

Community links are established with coaches from Snowdown and Aylesham Football Club, running our school football clubs; Polo Farm Hockey Club teach all of our KS2 classes for a lesson er week in the summer term; Invicta Fencing for Year 6, Yoga for EYFS and Year 6, Midfulness for Year 5, Squash for Year 4, Badminton for Year 3 and Ballroom dance for KS1.

Gifted and Talented

We have a number of pupils who excel in PE and school sport and opportunities are provided to them throughout the year to aid with running, coaching and leading activities. Our Gifted and Talented pupils also meet up with other GT pupils from the Samphire Learning Hub and have yearly enrichment programmes. We develop and nurture our gifted and talented pupils and once in year 6 they become sports leaders for the school and assist with the running of school sport and competitions in all year groups.

Pupil Premium

We believe in enriching the provision for all our pupils and have a partnership with Challenger Troop (A Uniformed Youth Inclusion Programme). They have worked with some of our pupil premium pupils and whole classes motivating children through physical activity to achieve and apply this in every day school life.

Each year a selection of pupil premium pupils meet up with schools in our hub for an enrichment day at Betteshanger Country Park. They take part in activities such as mountain biking, geo-caching and assault courses.

THE CHILD AND THE LEARNING ENVIRONMENT

Facilities and Resources

Planning resources, posters, visual aids and information books are available from the PE co-ordinator. Teachers share the PE resources and the co-ordinator/technician ensures that there is sufficient material to use and will order more when needed. New resources are made available to the staff at central locations in both Key Stage 1 and 2. PE resources are stored in the PE pods. The PE equipment is available to the whole school. The technician takes stock of equipment on a regular basis and makes any further necessary orders for new equipment.

Sporting facilities available to Aylesham Primary School pupils:

- Field – Running track, Football pitch, Rounders pitch
- Playground x2– including a quiet area/adventure play area/ netball court/tennis court
- School hall x1 – including gymnastics equipment and resources for various sports.
- SLBGS Swimming pool

Health and Safety

Aylesham Primary School has a cross-curricular Health and Safety Policy. This policy is being adhered to throughout all PE and extra-curricular activities and follows the BALPE Safe Practise document