



Aim for the best – then reach higher. The only way is up!

Flying High

Ambition	Confidence	Improvement	Persistence
<ul style="list-style-type: none"> • Desire • Belief • Self esteem • drive 	<ul style="list-style-type: none"> • preparation • application • positivity • optimism 	<ul style="list-style-type: none"> • goal setting • specific • measurable • achievable • realistic • time-framed • plan • redraft 	<ul style="list-style-type: none"> • determination • motivation • practice • seeking solutions